



## Quarterly Newsletter

### What's been happening: from June 2023 to January 2024

Following on from the successful Coronation Celebration event on 8 May 2023. The **Wellbeing Programme** has gone from strength to strength. The **Durham Mayor** and **Durham AAP Coordinator** visited the group on 19 September. A **Macmillan coffee morning**, organised by the Wellbeing group, raised funds for the charity.

Throughout the year the Centre has had solar panels and batteries installed to reduce the rising energy costs.

The centre hosted a post **Remembrance Day** event led by Framwellgate Moor Scouts on 12 November. Lastly our exciting **Christmas Fayre** was held on 9 December 2023 from 12 noon to 4pm.

### Wellbeing Programme – Mayor of Durham's visit



Lesley Mavin, **Mayor** of Durham



Joining in with the **Simonator** – fun physical exercise for all the group

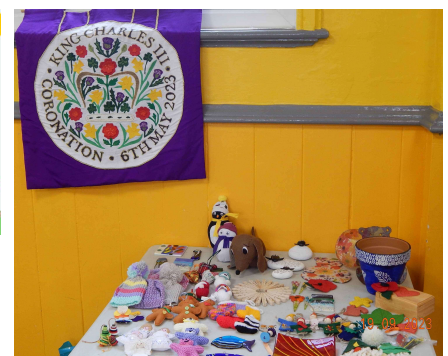
**Wellbeing members** enjoying creative activities



Craig Morgan, **Durham AAP coordinator** taking photos



**PowerPoint** slide show of Wellbeing Tuesday activities



Wellbeing crafts on display

## Wellbeing Programme – Macmillan coffee morning



Advertising the coffee morning



Various craft product were on sale



Gingerbread stuffed toys were popular



More craft products on sale



Thank you note from Macmillan



Thank you letter from Durham NHS

## Christmas Fayre 9 December 2023

The day got off to a rainy start and so we made the decision to move planned outdoor events inside where possible. We felt this was necessary so that the public could enjoy all the activities.

### Hall 3: included live music, Primary School choirs and Face painting



Ken dressed as Santa playing the keyboard



St Godric's RC Primary School choir



Framwellgate Moor Primary School choir

## Hall 2: included Festive stalls, Raffle ticket sales



Festive stalls from a range of stall holders



Raffle prizes on display



Presentation of the £100 Raffle prize



Creative crafts on sale



More creative crafts



Wellbeing Christmas craft stall

## Hall 1: Crafting of all kinds showing the enjoyment found by children and adults



Cake stall



Tombola stall prizes



Cakes and crafting

## Hall 1: General crafting plus Scout crafting and items for sale



Crafting in Hall 1



Scouts involvement



Scout soft toys

As usual there are always a number of fun, leisure, fitness and educational activities taking place at the Centre. These are for all ages. Come along and try one – we can't guarantee you will instantly enjoy it but you will make new friends.

Mon-Fri	TIN Arts morning and afternoons in the Dance Studio	
<b>Monday</b>	Art Class from 1000-1200	Yoga Class 0930-1030 Blind Life in Durham 1300-1500
	Durham Bridge Club 1900-2100	Durham Dance 1600-2130
<b>Tuesday</b>		<b>Wellbeing Programme 1000-1400</b>
	Durham Bridge Club 1300-1600	Youth Club 1500-1830
	Durham Bridge Club 1900-2200	DCSG 1900-2000
<b>Wednesday</b>	Little Movers 0930-1130	Tai Chi 1030-1200
	Martial Arts 1330-1500	Spanish Class 1300-1500
	Durham Dance 1700-2130	Durham Dance 1600-2130
<b>Thursday</b>	Mindfulness 0930-1230	French Class 0900-1200
		Tiny Tweeties 1300-1400
	Martial Arts 1800-1930	French Class 1930-2030
<b>Friday</b>	Hartbeeps 1000-1300	DCC Early Years 0900-1200
	Martial Arts 1800-1930	TIN Arts 1630-1930
		English Folk Dancing 1930-2200
<b>Saturday</b>	Martial Arts 0930-1130	DCC Early Years 0900-1600
<b>Sunday</b>		Indian Music-café area 0900-1100
		Arabic Class 1100-1500

**What's next?** we are planning to replace our main heating system to help to reduce the energy costs.

Solar panels have been installed on the Community Centre roof to help us to manage the increasing energy price rises.

Trustees are planning to renew our Hallmark certificates in March this year.

- If you would like to act as a volunteer at the centre there are always opportunities (contact details at the bottom of each page)
- Our trustees are always looking for funding to assist the ways in which the Community Centre can support you... If you know of any funds available please let us know.

